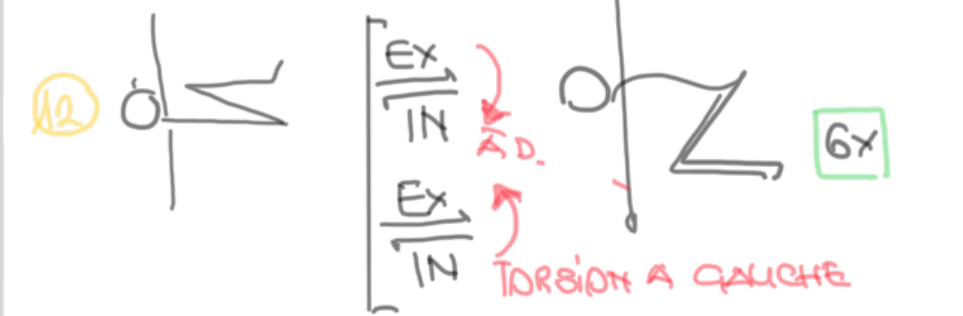
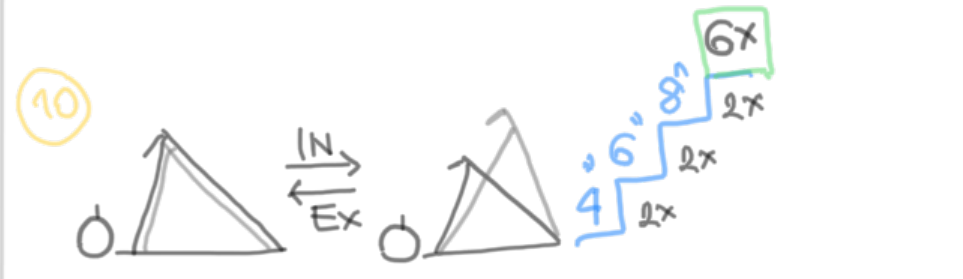


PROGRESSION [PG]
GRADUELLE
2x 8" 6x
2x 6" 6x
2x 4" 6x
ALLONGER
H et Ex
4", 6", 8"



RESPIRATION NARINES ALTERNÉES
UNE NARINE BOUCHÉE 100%
" " " 80%



MED : EN SILENCE
ÉCOUTER CE QUI SB DIT LÀ, MAINTENANT